

SkinCredible

WICHITA • PHYSICIAN-LED AESTHETICS

Laser & Energy Treatments

PRE-TREATMENT INSTRUCTIONS

Before Your Treatment

PREPARE YOUR SKIN

To ensure a safe treatment and the best results, please follow these before your visit.

- Avoid sun & tanning (beds/self-tanner) for **2 weeks** before; apply SPF 30 + daily.
- Stop retinoids & exfoliants (glycolic/salicylic acid, benzoyl peroxide, retinoids) 3–5 days before, unless told otherwise.
- No waxing, tweezing, threading, or depilatories for 4 weeks before DiolazeXL — shave 12–24 hrs before (shaving is encouraged).
- Arrive with clean skin — no makeup, lotion, sunscreen, perfume, oils, or deodorant on the area.
- Avoid peels, waxing, or aggressive exfoliation for 1–2 weeks before.
- Tell us about recent sunburn, irritation, open wounds, cold sores, infections, or health/medication changes — including antibiotics, isotretinoin (Accutane), photosensitizing, or blood-thinning medications.
- Cold-sore history near the mouth may need preventive antiviral.
- Tell us if pregnant or breastfeeding
- Stay hydrated and limit alcohol 24 hrs before.

Questions before your visit? Call 316-978-0287

SkinCredible Wichita • 3161 N Rock Rd, Suite B, Wichita, KS 67226

Regenerative Beauty

Protocol reviewed by Samrah Mansoor, MD, FAAFP • Rev. 08/2026

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POST-TREATMENT CARE BY TYPE

After Your Treatment — Care

GENERAL CARE

- Keep the area clean; don't touch, rub, scratch, or pick. Avoid heat (hot showers, saunas, steam, hot tubs) for 24–48 hrs and don't scrub or exfoliate until healed.
- Makeup is usually fine right after Forma, IPL, laser hair removal, and vascular treatments, unless told otherwise.

BY TREATMENT

- **Morpheus8 / RF:** redness, swelling, sunburn feel 1–3 days (2–7 for stronger); let skin shed — don't pick; apply mineral (zinc) SPF 30+ **after 12 hours — not before.**
- **IPL / Vascular:** SPF 30+ daily for 3 weeks; spots may darken then flake; moisturize as needed.
- **DiolazeXL:** SPF daily 3 weeks; avoid hot baths, hard exercise, massage & friction 24–48 hrs; shaving OK between sessions — no waxing or tweezing.

CALL US — 316-978-0287

Contact our office if you experience:

- Increasing pain, excessive swelling, worsening redness, signs of infection, blistering, or anything outside normal healing.

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