

SkinCredible

WICHITA • PHYSICIAN-LED AESTHETICS

Picofy™ by InMode

TATTOO REMOVAL & LASER RESURFACING • PRE-CARE

Before Your Treatment

PREPARE YOUR SKIN

For the safest treatment and best results, please follow these guidelines.

- Avoid sun, tanning beds, and self-tanning products for **4 weeks** before; wear SPF 30+ daily.
- Stop retinoids, exfoliants & acids (glycolic/salicylic acid, benzoyl peroxide, retinoids) 5–7 days before resurfacing, unless told otherwise.
- Arrive with clean skin — no makeup, lotion, cream, oil, or sunscreen on the treatment area.
- Tell us about cold-sore history (especially resurfacing near the mouth), recent sunburn, active infection, or medications such as isotretinoin (Accutane).

NORMAL AFTER TREATMENT

- Redness, swelling, warmth, or tenderness for a few days.
- **Tattoo removal:** temporary frosting (whitening), darkening, mild blistering or scabbing.
- **Resurfacing:** a sandpaper texture, pinpoint scabbing, and light flaking as the skin renews.

Questions before your visit? Call 316-978-0287

SkinCredible Wichita • 3161 N Rock Rd, Suite B, Wichita, KS 67226
Regenerative Beauty

Protocol reviewed by Samrah Mansoor, MD, FAAFP, FCUCM

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HOME CARE & HEALING

After Your Treatment — Care

CARING FOR THE AREA

- Cleanse gently with mild soap & water; pat dry — do not rub, scrub, pick, or peel scabs or blisters.
- Keep the area moisturized:
 - Tattoo removal:** thin Aquaphor® 2–3× daily until healed; cover with a non-stick dressing if instructed.
 - Resurfacing:** gentle moisturizer or recommended balm; let flaking shed on its own.
- Cool compresses for comfort; Tylenol® as directed. Avoid other medications unless approved by your provider.
- Until healed, avoid pools, hot tubs, saunas, long hot showers, sweating/exercise, friction, and direct sun.
- Apply mineral (zinc) SPF 30+ once skin allows (**after ~12–24 hrs**) — **not before**; reapply every 2 hours outdoors.

CALL US — 316-978-0287

Do not pop or drain blisters. Contact our office right away if you notice:

- Increasing redness or swelling, yellow/green drainage, fever, severe pain, or any signs of infection.

Most patients need multiple sessions for the best results.

Next session: _____ Provider: _____

Concerns after your visit? Call 316-978-0287

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Regenerative Medicine

Protocol reviewed by Samrah Mansoor, MD, FAAFP, FCUCM